41th. OPEN CHALLENGE CUP 2026

POOMSAE

SATURDAY FEBRUARY 28th 2026

TONGEREN - BELGIUM

Individual Pomsae, Pairs, Teams. Freestyle Poomsae. Para Poomsae

Belgian Taekwondo Federation Ranking Tournament

Organization: Tkd Academy Ge-We under the auspice of Taekwondo Vlaanderen - BTF
With the cooperation of the sport council and the sport department of Tongeren

---

Dear President, Dear Taekwondo Colleague,

It is our pleasure to invite you and your team to participate in the Open Challenge Cup Poomsae 2026 which will be held in Tongeren, Belgium.

Registrations: Can only be made using the online subscription **site TPSS.** To login and register please visit: www.tpss.eu **Deadline**: Saturday February 21th 2026!!

Entry Limit: In order to provide a high quality championships, the entries will be limited to no more than 400 entries. If we reach this number before the deadline, the online registration will be closed earlier.

All competition areas are with electronic points system for poomsae competition.
Each coach will receive a poule list with a complete time table.

If you need any assistance, please do not hesitate to contact the organisation team.

Bruno Graziano: Tournament Director
Phone +32 (0)11/31.49.41 Mobil + 32 (0)475/61.38.39 E-mail: bruno.graziano@telenet.be
Referee Coordinator Mustapha Moutarazak m.moutarazak@hotmail.com
Coordinator Poomsae: Marc Raymaekers marc.raymaekers1@gmail.com Tel +32 474 23 55 57

www.challengecup.be

Place

Sportcomplex “Sportoase Eburons Dome”
Vrijheidweg 9,3700 Tongeren (Oost),België
Tel: +32 (0)12/39.31.11

Date

Saturday: February 28th 2026

License

Belgian participants must be in possession of a valid taekwondo license 2026 delivered by one of the regional recognized and subsidized unisport federations that offers WT.-taekwondo.
Foreign participants must be in possession of a valid license 2026 of a recognized taekwondo federation that offers WT. taekwondo

Rules

TKDV./WT. rules www.taekwondo.be (see downloads)
Regulation for spectators, see RIO TKDV.vzw and disciplinary regulations TKDVvzw
Competition Rules:WT. / TKDV.www.taekwondo.beVTB vzwen RIO TKDV.vzw

System

Cut Off Systeem
+ 20 competitors 3 rounds: from the preliminary round 50% goes to semi-finals)
9/19 competitors 2 rounds: the best 8 goes to the final
Categories:8 competitors final round:

Graduation

A-category:1st Poom / Dan and higher.
B-category:4th Kup until 1stKup
C-category:8thKup until 5thKup
D-category: 10thkup until 9thKup

Forms:A-Class : BY DRAWING LOTS Announcement on www.taekwondo.be 25/02/2026

1st round: 1 taegeuk
2nd round: 1 taegeuk
3rd. round: (final) 2 taegeuks

Categories

Individual,Competitors shall be allowed to participate in one or more divisions.
Pair, Team Division
Free Style Poomsae: Individual, pair and team division – only for A+B categories!!

A-CLASS : BY DRAWING LOTS– Announcement on www.taekwondo.be on 25/02/2026

B, C & D-Class (New Rules Flemish federation T.V. See Table Below)

All age categories in the competition are based on the year of birth. For example, if someone is 17 years old on the day of the competition but will become 18 before the end of the year (2026) then he/she will participate in the category of 1st Seniors (18-30 years old).

Disciplines	Belts	Ages
Individual	A, B, C, D	≤ 8y, 9-11y, 12-14y, 15-17y, 18-30y, 31-40y, 41-50y, 51-60y, 61-65y, ≥66y
Pair	A, B, C, D	≤ 11y, 12-14y, 15-17y, 18-30y, 31-50y, 51-60y, ≥ 61y
Team	A, B, C, D	≤ 11y, 12-14y, 15-17y, 18-30y, 31-50y, 51-60y, ≥ 61y
Free Style Individual	A, (B+C+D)	≤ 17y, ≥ 18y
FS Pair	A, (B+C+D)	≤ 17y, ≥ 18y
FS Team	A, (B+C+D)	All ages
G-taekwondo	A, (B+C+D)	≤ 17y, ≥ 18y
Family	A, (B+C+D)	All Ages

Free Style– Individual (male/female separate), Pair (1 male+1 female),
Team (3 male or female), Mixed team (2male+3female or 3male+2female)
ONLY A/B-CATAGORIES!!
Individual A: till 17y, ≥ 18y
Pair A: till 17y, ≥ 18y
Mixed team A: All ages (**Music** min. 90 sec – max. 100sec – **bring your music on CD or USB)**

Only for belts B, C and D:

- In the individual discipline, each athlete has the choice of participating in the agecategory above his own.
- A pair or a team is formed in the same age category. Nevertheless, it is admitted that one person of the pair or 2 persons of the team can have the category of ages just below or above.
- A pair or a team is formed in the same class of belts. Nevertheless, a combination of different belts B, C, D is allowed.
- **A pair or a team must participate in the highest age category and the highest belts class**. This does not apply to A class!

Belts	Compulsory poomsae	Round 1	Round 2	Round 3
A	Drawing of lots on **Wednesday 25 Februari 2026** See Table	1 taegeuk	1 taegeuk	2 taegeuks
B	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – see table	1 taegeuk	1 taegeuk	1 taegeuk
G	Free choice	/	/	1 taegeuk

Registrations: www.tpss.eu

Deadline: Saturday February 21th 2026!!!
Information Bruno Graziano: +32(0)11/31.49.41 / +32 (0)475/61.38.39
E-mail: bruno.graziano@telenet.be

Time Table

Registration. Friday 27th February 2026, 18:30 – 20:00: registration at the Sport Hall
Registration. Saturday 28th February 2026
07:30 – 08:30:registrations!!!
09:00 – 09:30: Referee meeting
09:45 – 10:00: Coach meeting
10:30: startcontests
The detailed time schedule will be available at the registration
The prizes will be distributed immediately on the fields.

Entry Fee

Individual: € **25,-**Pairs: (2) € **35,-**Teams: (3) € **40,-**
Individual: Freestyle Music 25€.- Pairs 35€
Spectators Adult € 10,00 Childeren – 12 year admission free

Entry fees must be paid by bank in advance: Before February 20th 2026!!!
Name: Taekwondo Academy GE-WE Wellen
Account number: IBANBE15 0011 9676 9630 / BIC: GEBABEBB
Mentioning: OCC Poomsae 2026, **name team + number of participants individual. pair. Team. & freestyle.** Mail your proof of payment to: bruno.graziano@telenet.be

Awards

To all winners of 1st, 2nd and 3rd place - Teams 1st 2nd 3rd place
Teams: Gold m. 7 points, Silver m. 3 points, Bronze m. 1point

Hall Rules

Only the competitors and their coaches have admittance by the registration cards to the contest areas. One coach for every five competitors has free admission with a maximum of 3 coaches per team. Only in sportswear.

Protest:

Only the official coach is allowed to protest to the LSC, immediately after the end of the contest within 10 minutes. An amount of € 50,- will have to be paid to thecompetition board.The decision of the referee chairman is final.

Liability

All competitors are considered to participate at their own risk.The organization crew and the organizer assume no responsibility for any damages, injuries or losses

Belts	Compulsory poomsae	Round 1	Round 2	Round 3
A	Compulsory poomsae	1 taegeuk	1 taegeuk	2 taegeuks
B	Free choice – seetable	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – seetable	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – seetable	1 taegeuk	1 taegeuk	1 taegeuk
G Taekwondo	Free choice	/	/	1 taegeuk
Family	A+B+C+D			2 taegeuks

TABLE A-CLASS

DRAWING OF LOTS Announcement: 25/02/2026 www.taekwondo.be

INDIVIDUAL. A	
Age	**Poomsae**
until 8y	Taegeuk 1,2,3,4,5,6,7,8 jang
9-11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
15-17y	Taegeuk 5,6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon
18-30y	Taegeuk 7,8 jang, Koryo, Keumgang, Taebaeck, Pyongwon, Shipjin, Jitae
31-40y	
41-50y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
51-60y	Koryo, Keumgang, Taebaeck, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
61-65y	
≥66y	
PAIR. A	
Age	**Poomsae**
Until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang,Taeback, Pyongwon
18-30y	Taegeuk 7,8 jang, Koryo, Keumgang,Taeback, Pyongwon, Sipjin, Jitae
31y -40y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Sipjin, Chongkwon
41y -50y	Taegeuk 8 jang, Koryo, Keumgang,Taeback,Pyongwon, Shipjin, Jitae, Chongkwon
51y – 60y	Koryo, Keumgang,Taeback,Pyongwon, Shipjin, Jitae, Chongkwon, Hansu
61-65y +66y	Koryo, Keumgang,Taeback,Pyongwon, Shipjin, Jitae, Chongkwon, Hansu
	TEAM. A
Age	**Poomsae**
Until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk,4,5,6,7,8 jang, Koryo, Keumgang, Taeback,
15-17y	Taegeuk 5,6,7,8 jang, Koryo, Keumgang,Taeback, Pyongwon,
18y - 30y	Taegeuk 7,8 jang, Koryo, Keumgang,Taeback, Pyongwon, Shipjin, Jitae,
31y – 40y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Shipjin, Jitae, Chonkwon

41y -50y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
51y – 60y	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
61- 65y +66y	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

AGE CATEGORIES		CLASS B	CLASS C	CLASS D
Individual	Pupil until 8y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Miniem 9-11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U40 31-40	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U50 41-50	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U60 51-60	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U65 61-65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O65 + 65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
PAIR	Miniem until 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	31y – 40y	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	41y -50y	Taegeuk 4,5,6,7,8,9	Taegeuk 1,2,3,4	Taegeuk 1,2
	51y -60y	Taegeuk 4,5,6,7,8,9	Taegeuk 1,2,3,4	Taegeuk 1,2
	61y -65y	Taegeuk 4,5,6,7,8,9	Taegeuk 1,2,3,4	Taegeuk 1,2
	+66y	Taegeuk 4,5,6,7,8,9	Taegeuk 1,2,3,4	Taegeuk 1,2

TEAM	Miniemuntil 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	31y – 40y	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	41y – 50y	Taegeuk 4,5,6,7,8,9	Taegeuk 1,2,3,4	Taegeuk 1,2
	51 y – 60y	Taegeuk 4,5,6,7,8,9	Taegeuk 1,2,3,4	Taegeuk 1,2
	61y – 65y	Taegeuk 4,5,6,7,8,9	Taegeuk 1,2,3,4	Taegeuk 1,2
	+ 66y	Taegeuk 4,5,6,7,8,9	Taegeuk,1,2,3,4	Taegeuk 1,2

For the B, C, D, G. Categoryit is obligatory to register the poomsae before closing of the registrations, at thelatest 21/02/2026 on the website **www.tpss.eu**

Referee

We will have a neutral competition. Each team invited, will be asked to support us with maximum 1 national or international Referee. As there are not enough referees, we will complete it with national Referees. All judges who participate will receive a monetary allowance (€ 75 day) as well as free full lunch and refreshments.
The organizer provides a hotel room for one night with breakfast
Information: bruno.graziano@telenet.be

AIRPORT

Brussel-Zaventem: Distance: 90 km
Charleroi Distance: 100 km
Eindhoven: Distance:80 km

ATTENTION!!!

If the tournament is full, please email me your participant list. I will register you as soon as space becomes available.

bruno.graziano@telenet.be



Sportcomplex

ACCOMODATION

Hotel Limburgia
Adres: Op 't Broek 43770 Kanne (Riemst) (± 5 Km. Sportcomplex
Phone: + 32 (0) 12 45 46 00 Fax: 0032 (0)12 - 45 66 28
E-mail:hotellimburgia@telenet.bewww.hotellimburgia.be

Hotel Holliday Inn Hasselt
Kattegatstraat 1 3500 Hasselt (± 20 Km. Sportcomplex
Phone +32 (0) 11 24 22 00
www.hihasselt.com E-mail: info@hihasselt.com

EBURON HOTEL
Adres: de Schiervelstraat 10, 3700 Tongeren (± 5 Km. Sportcomplex
Phone: + 32 (0) 12 23 01 99 fax :+32 (0)12 26 13 70
info@eburonhotel.bewww.eburonhotel.be

Hotel Malpertuus
Adres: Tongersesteenweg 145 3770 Riemst (± 5 Km. Sportcomplex
Phone + 32 (0) 12 45 15 38 Fax + 32 (0) 12 45 57 73
www.malpertuus.be

Hotel Ambiotel
Adres: Veemarkt 2, 3700 Tongeren ((± 5 Km. Sportcomplex)
Phone +32(0) 12 26 29
www.ambiotel.beambiotel.tongeren@belgacom.net

RadissonBlu Hotel, Hasselt
Adres: Torenplein 8, B-3500 Hasselt, Belgium **(±** 20 KmSportcomplex
T: +32 11 77 00 00, D: +32 11 77 00 74
www.radissonblu.com/hotel-hasselt

Hotel Century
Adres:Leopoldplein 1, 3500 Hasselt (± 20 Km. Sportcomplex)
Phone +32 (0)11 22.47.99 Fax +32 11 23 18 24
hotel@century.bewww.century.be

Hotel Hollyday Inn Express Hasselt
Adres: Thonissenlaan 37, 3500 Hasselt Belgium (± 20 Km Sportcomplex
Phone: +32 0)11379300 info@hiexhasselt.com;

YUP HOTEL
Adres:Thonissenlaan 52, 3500 Hasselt, (± 20 Km. Sportcomplex)
Phone: +32 (0) 11 23 11 11info@yuphotel.comwww.yuphotel.com

B&B Hotel Hasselt
Adres: Thonissenlaan, 75, 3500 Hasselt (± 20 Km. Sportcomplex)
Phone +32 (0) 11 26 09 80bb_7510@hotelbb.comwww.hotel-bb.com

Hotel 't Huys van Steyns
Henisstraat 20, 3700 Tongeren
Phone: +32 (0)12 69 88 99
info@huysvansteyns.bewww.huisvansteyns.be

Hotel Campanile Liegé
Location: RUE JEAN BAPTISTE JUPPIN 17/18, LIEGE,(± 15 KmSportcomplex)
Phone:+ 32 04 224 02 72 www.campanile.com/hotel/liege